

# LATEST SYLLABUS

## CLASS 11

### One Theory Paper

3 Hours  
Marks : 70

Units	Topics	No. of Periods	Marks
I	What is Psychology?	27	11
II	Methods of Enquiry in Psychology	32	13
IV	Human Development	26	11
V	Sensory, Attentional and Perceptual Processes	8	8
VI	Learning	20	9
VII	Human Memory	19	8
VIII	Thinking	14	5
IX	Motivation and Emotion	14	5
	<b>Total</b>	<b>170</b>	<b>70</b>

## COURSE STRUCTURE

### UNIT I What is Psychology?

The topics in this unit are:

1. Introduction
2. What is Psychology?
  - Psychology as a Discipline
  - Psychology as a Natural Science
  - Psychology as a Social Science
3. Understanding Mind and Behaviour
4. Popular Notions about the Discipline of Psychology
5. Evolution of Psychology
6. Development of Psychology in India
7. Branches of Psychology
8. Psychology and Other Disciplines
10. Psychology in Everyday Life

### UNIT II Methods of Enquiry in Psychology

The topics in this unit are:

1. Introduction
2. Goals of Psychological Enquiry
  - Steps in Conducting Scientific Research
  - Alternative Paradigms of Research

3. Nature of Psychological Data
4. Some Important Methods in Psychology
  - Observational Method
  - Experimental Method
  - Correlational Research
  - Survey Research
  - Psychological Testing
  - Case Study
5. Analysis of Data
  - Quantitative Method
  - Qualitative Method
6. Limitations of Psychological Enquiry
7. Ethical Issues

### UNIT IV Human Development

The topics in this unit are:

1. Introduction
2. Meaning of Development
  - Life-Span Perspective on Development
3. Factors Influencing Development
4. Context of Development

## 5. Overview of Developmental Stages

- Prenatal Stage
- Infancy
- Childhood
- Challenges of Adolescence
- Adulthood and Old Age

## UNIT V Sensory, Attentional and Perceptual Processes

The topics in this unit are:

1. Introduction
2. Knowing the world
3. Nature and varieties of Stimulus
4. Sense Modalities
  - Functional Limitation of Sense Organs
5. Attentional Processes
  - Selective Attention
  - Sustained Attention
6. Perceptual Processes
  - Processing Approaches in Perception
7. The Perceiver
8. Principles of Perceptual Organisation
9. Perception of Space, Depth and Distance
  - Monocular Cues and Binocular Cues
10. Perceptual Constancies
11. Illusions
12. Socio-Cultural Influences on Perception

## UNIT VI Learning

The topics in this unit are:

1. Introduction
2. Nature of Learning
3. Paradigms of Learning
4. Classical Conditioning
  - Determinants of Classical Conditioning
5. Operant/Instrumental Conditioning
  - Determinants of Operant Conditioning
  - Key Learning Processes
6. Observational Learning
7. Cognitive Learning

## 8. Verbal Learning

9. Skill Learning
10. Factors Facilitating Learning
11. Learning Disabilities

## UNIT VII Human Theory

The topics in this unit are:

1. Introduction
2. Nature of Memory
3. Information Processing Approach : The Stage Model
4. Memory Systems : Sensory, Short-term and Long-term Memories
5. Levels of Processing
6. Types of Long-term Memory
  - Declarative and Procedural; Episodic and Semantic
7. Nature and Causes of Forgetting
  - Forgetting due to Trace Decay, Interference and Retrieval Failure
8. Enhancing Memory
  - Mnemonics using Images and Organisation

## UNIT VIII Thinking

The topics in this unit are:

1. Introduction
2. Nature of Thinking
  - Building Blocks of Thought
3. The Processes of Thinking
4. Problem Solving
5. Reasoning
6. Decision-making
7. Nature and Process of Creative Thinking
  - Nature of Creative Thinking
  - Process of Creative Thinking
8. Thought and Language
9. Development of Language and Language Use

## UNIT IX Motivation and Emotion

The topics in this unit are:

1. Introduction
2. Nature of Motivation

### 3. Types of Motives

- Biological Motives
- Psychosocial Motives

### 4. Maslow's Hierarchy of Needs

### 5. Nature of Emotions

### 6. Expression of Emotions

- Culture and Emotional Expression
- Culture and Emotional Labelling

### 7. Managing Negative Emotions

### 8. Enhancing Positive Emotions

### Practical (Projects, experiments, small studies, etc.)

The students shall be required to undertake one project and conduct two experiments. The project would involve

the use of different methods of enquiry like observation, survey, interview, questionnaire, small studies and related skills. Practical would involve conducting experiments and to the topics covered in the course (e.g. Human development, Learning, Memory, Motivation, Perception, Attention and Thinking). Experiment could focus on cause and effect relationship.

### Practical Examination

- Practical (Experiments) file 05 Marks
- Project file 05 Marks
- Viva Voce (Project and experiments) 05 Marks
- One experiment 15 Marks\*

\*(05 Marks for conduct of practical and 10 Marks for report writing)